

Bridges & Boundaries:

Directions: We all have boundaries that keep us safe (heart, mind, body, and soul). If these boundaries are crossed, it can feel like our personal safety has been compromised. Also, we all have different ways of connecting with others in the way that we define, receive, and interpret respect - respect is necessary in order for us to have a trusting student-centered coaching relationship. In many ways, these definitions are a product of our individual experiences, cultural norms, context, linguistic & discourse patterns, and more. Let's work together to define our boundaries and bridges so that we can begin building trust, vulnerability, and mutually-defined respect in each of our interactions.

<p>Bridges (How do you receive and feel respected?)</p>	<p>Boundaries (What are your boundaries that make you feel disrespected?)</p>
<p>Bridges (How do I receive and feel respected?)</p>	<p>Boundaries (What are my boundaries that make me feel disrespected?)</p>